

# MeningsFylla™

## OnLine

or

## IRL

### 24-7

Always available online. You do it when it suits you.

## Community

In our app, you can chat with other parents and participate in webinars, among other things.

## BootCamp

Here we meet in real life. Bring the whole family and meet other families. Make new friends, have fun, and create a lifelong memory together.

## Challenges?!

How would it be to create an entirely new family climate?!

To be able to **level up** to an entirely new level of effective communication, crisis management, and conflict resolution.

Imagine having a fully functional toolbox to support your child:

**To** become a responsible, self-reliant adult.

**To** develop self-confidence and the ability to handle setbacks.

**To** handle the fear of failure.  
and much, much more...

## Ready to support the leaders of the future?!

**Contact us NOW**

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[www.humantoolbox.ai](http://www.humantoolbox.ai)



## Family 3.0

MeningsFyllorna that take the parenting role to higher levels and level up the whole family!

MeningsFylla™ our word for filling life with more meaning.



**HUMAN TOOLBOX**  
LIBERATES CORE POWERS

There has never been a  
**Parenting license** for  
becoming a parent before.  
No wonder we often ask  
ourselves...

**1** Staying calm when my child  
pushes my buttons

Building strong self-  
esteem and being able to  
accept criticism **2**

**3** Repairing mistakes I've made in my  
parenting

Balancing between spoiling  
and setting boundaries **4**

**5** Parenting children with different  
personalities

Talking to children who  
don't want to talk **6**

*The tools are based on  
Neuro-Semantics NLP*  
[www.neurosemantics.com](http://www.neurosemantics.com)

*How should I handle  
this?!*

**7** Train the child to see opportunities,  
be curious, and brave

Develop self-confidence  
through the ability to handle  
setbacks **8**

**9** Manage pain and trauma in  
ourselves and our children

Single parenthood **10**

**11** Balancing parenting and career

Managing parents' different  
views on parenting **12**

**13** Handling challenges related to  
issues like sex, drugs, rebellion,  
and delinquency

**Family 3.0**  
have the tools

**14** Hold children accountable and  
not shield them from the  
consequences

Prevent the child from becoming  
the center of attention for single  
parents **15**

**16** Difficult conversations with  
children of different ages

Dealing with fear of failure or  
perfectionism demands **17**

**18** Sibling rivalry

Support them to become  
responsible and self-reliant  
adults **19**

**20** Manage smartphones, tablets, the  
internet, etc.